What we will cover

• **Building the relationship with GPs**
  Dr Damian Tomic, Clinical Director Primary and Integrated Care, Waikato DHB

• **Primary Secondary Integration: The future?**
  Dr Nigel Murray, CEO, Waikato DHB
Dr Damian Tomic : Building the relationship with GPs

Why?

• GPs provide critical out of hospital care to our population.

• General practice and hospital departments need to work effectively together to manage the demands on the entire system.

• Although things have gotten better the pace of improvements is slow. We want to speed this up.
• Waikato DHB needs to ensure it is meeting the needs and expectations of our GP colleagues, to provide safe effective care in the community

• Our engagement strategy is about how we do this, joining the primary and secondary clinicians across patient journeys, clinical pathways and integrated services

• To do this we need effective relationships with PHOs and general practice
How do we build the relationship with GPs?

- We need your help and advice on how to do this

- Clinical Director Primary and Integrated Care. Advisory role to WDHB and Primary care

- GP liaisons – 5 x 0.2 by end of calendar year. Spread across key portfolios

- General Practitioner engagement evenings. With different secondary specialties.
• Map of Medicine clinical pathways and smart e referrals helping to define the scope of primary and secondary care and the interface.

• 75 pathways to date. However we need to collectively prioritise future pathway development work.

• GP access to Waikato Hospital’s clinical and admin IT systems - every desktop. Available now for implementation.
General practice needs to modernise.

- Ageing demographic
- Chronic disease tsunami
- Ageing workforce
- Declining populations (rural New Zealand)
- Patient expectations and growing authority to organise their own health care (technology)
- Integration with secondary and community services
- Recruitment and retention of the next GP generation

PHOs have started working to address these drivers.
• PHOs largely have not devolved past GP only organisations. Word on the street “Many PHOs are IPAs in drag.
• Alliances are a first step towards a broader stakeholder view, however cannot be consensus to mediocrity.
• We have to accept that GPs will not be the sole provider of care in perpetuity.
• Nurse Practitioners, Physician assistants, clinical pharmacists
• Multidisciplinary Teams
Virtual Care: The future?

- Telehealth - patient and clinician not in same room
- Personalised virtual care
- Patient centric
- An unstoppable wave of change
- Patient portal as a first step

But what about the future?
New technology will support new models of care

• Patient choice in when and where care is accessed
  - Hand held device
  - Home? Community centre?
  - With GP or specialist
• General practice running outpatients
  - virtual specialist support?
• GP/specialist communication portal. Access to specialist advice.
So what now?

• Waikato DHB is appealing to GPs to get ready for change, as we work with you and your PHOs
• Be not only receptive to reform but create it.
• PHOs are also at the forefront of the technology wave and we acknowledge the work MHN are doing in this regard
• Waikato DHB is the largest rural DHB in New Zealand, we need to explore the potential of this technology
• **We need GPs to help us build the future relationship with the DHB**