IBD Nursing Education

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Clinical Nurse Specialist
Oxford UK & Rotorua NZ
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Disclosures;

Organising and presenting Abbvie NZ 2019 honorarium.
### Key Benefits

**Role benefits**

- **Increased patient satisfaction:**
  - Emotional support
  - Education and Advice
  - Physical support (flare management)

- **Reduced Costs**

- **Improved and timely access to services**
  - Reduced outpatient attendances overall
  - Shorter waiting times

**WHY**


**IBD Standards**

IBD Standards Working Group UK (2013 & 2019) IBD Standards. Available at: [www.ibduk.org/standards](http://www.ibduk.org/standards)

“Only if we have outstanding IBD nurses will we have top quality IBD units”

ECCO news introduction Oct 2017
• WHY
• NOW
• OPTIONS
IBD Nursing Role

IBD NURSING KNOWLEDGE AND SKILLS FRAMEWORK NZ
Developed by: The New Zealand Inflammatory Bowel Disease Nursing Group

• Telephone advice line
• Nurse-led follow-up clinics
• Rapid access clinics
• In-patient support and advice
• Assessment leading to investigation and treatment planning
• Managing an immunosuppression service
• Safe screening, administration and monitoring of biologics
• Providing nutritional support and advice
• Providing support, education and counselling for the patient and their Whānau
• Managing disease flares
• Managing transition pathway
• Nurse endoscopist (in some areas)
• Liaising with the multidisciplinary team involved in the care of people with IBD
• Co-ordinating colorectal cancer surveillance for people with IBD
• Research
• Use of database to input care and treatments.
• Service development and leadership

“the IBD nursing framework now reflects the full depth and breadth of the role and helps to guide developing nurses from novice to expert... Appropriate, accredited training to develop advanced skills (such as prescribing) need to be completed in a nurses’ development”
New Zealand

Specialty Nurse → Specialist Nurse → Specialist Nurse Prescriber → Nurse Practitioner

- Relevant conferences
- Maybe start a uni pathway...
- University modules: Set pathway...
- University modules: Set pathway...
New Zealand

Specialty Nurse → Specialist Nurse → Specialist Nurse Prescriber → Nurse Practitioner

Relevant conferences

Maybe start a uni pathway...

University modules: Set pathway...

Diagnostic Reasoning  Evidence based Decision making
Advanced Pathophysiology  Science for Advanced Practice
Advanced Physical Assessment  Health Professional Practice
Advancing Nursing Practice
New Zealand

Specialty Nurse → Specialist Nurse → Specialist Nurse Prescriber → Nurse Practitioner

Relevant conferences

Maybe start a uni pathway…

University modules: Set pathway…

Diagnostic Reasoning
Evidence based Decision making
Optional 1
Advanced Research Design
Optional 2
Research Dissertation
Advanced Pharmacology
Prescribing Practicum

Advanced Pathophysiology
Advanced Physical Assessment
Science for Advanced Practice
Health Professional Practice
Advancing Nursing Practice
New Zealand

Specialty Nurse

Specialist Nurse

Specialist Nurse Prescriber

Nurse Practitioner

Relevant conferences

Maybe start a uni pathway...

University modules: Set pathway...

University modules: Set pathway...

NOW
A. Basic Role Demographics

B. Completed Education
   • Post qualification level
   • Other types of education

C. Education Opinion
   • Priorities
   • Challenges
Is your job.. NOW

New Zealand

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<td>Wider Gastro</td>
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Australia

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How many study days does your employer allow you to take annually?

New Zealand

Australia

Doctors: $16,000
10 study days

(ASMS)
What level of education have you done post registration?

New Zealand

Australia

NOW
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<th>Australia</th>
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Resources:


https://issuu.com/fadlsforlaglvsstil/docs/lever_mave_og_tarm_kapitel_1
What IBD training and education have you had?

New Zealand

Australia
Which were the most beneficial?

1. One-One
2. Study days
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**Why**

- **Foundation**
- **Valued**
- **DHB Recognition**

100% put a formal course at 1st or 2nd.
Prescribing

- Consultation skills recap; history taking, assessment, decision making
- Psychology of prescribing
- Prescribing in a team context
- Pharmacology including pharmacokinetics, pharmacodynamics, therapeutics
- Adverse reactions
- Medication errors
- Evidence based practice
- Medicines governance / plus in relation to non-medical prescribing
- Legal, political and ethical aspects of prescribing
- Professional accountability and responsibility
- Public Health context
2013

The Report of the Post Registration and Practice Project. UKCC 1990

Advanced Nurse Practitioners – an RCN guide to the advanced nurse practitioner role, competences and programme accreditation. RCN 2010

Advanced Level Nursing: A Position Statement. DoH 2010

Results of an audit exploring the roles, responsibilities and activity of nurses with specialist/advanced roles. RCN. Mason et al 2012

Summary

**Why**

- Peers
- Personal Support
- IBD Nurse
  - Personality
  - Academic Ability
  - Belief
- Management
  - Higher Authority
- Master’s level education
  - Feedback
  - Time and Effort
- Relevant Course
  - Time
  - Funding
  - Accessible Course

**Goal**
- Practical Job Benefit
- Research Knowledge
- Wider Perspective
- Career
- Credibility
- Safety

**Reward**
N-ECCO OPTIONS

Face to Face

+ one-week visit to established IBD centre in home country

6 months distance learning with e-learning materials

Face to Face
Australia

GENCA

IBD Nurse Foundation School

IBDNA

Advanced IBD Nurses School

Module 1
Module 2
Module 3
Module 4
Module 5

Online exam (credentialled)

OPTIONS

2 day school and conference OR fast-track

2 day school and conference + Mentor Training

Nurse Mentorship Programme mentee

Mentor...
ON SUCCESSFUL COMPLETION OF THIS MODULE YOU WILL BE ABLE TO:

 Assimilate, synthesise and systematically apply the relevant physiological mechanisms that underpin inflammatory bowel disease and the related anatomical and physiological processes.

 Critically appraise the assessment tools used in clinical practice for inflammatory bowel disease to enable a critical evaluation and reflection.

 Critically appraise developments in the practice and treatment available of inflammatory bowel disease.

 Identify, critically appraise and synthesise your role in IBD and approaches to the education and counselling of patients.
1. IBD Nurses are great
2. They need & want good education
3. They appreciate their medical and nursing colleagues
4. They have a KSF
5. But we still have work to do…
6. And we will be calling on their MDT colleagues ➔
Acknowledgments