

TAKING CONTROL OF YOUR G.P.

Dr Stephen Scott



Deans Bank: Wanaka

- ▶ Ngāti Whātua te iwi
- ▶ Married
- ▶ Two children, 18 and 20
- ▶ Family with the Mornington Health Centre over 10y
- ▶ Zoology (BSc, MSc, PhD)
- ▶ University of Otago
- ▶ Director, First Year Experience & Locals
- ▶ Enjoy Mt Biking
- ▶ **Heart attack, Dec 2012**

On-line with my G.P. service

The image displays the ManageMyHealth website and a corresponding mobile application interface. The website features a dark blue header with the 'MANAGE MY HEALTH' logo on the left, a search bar with the placeholder text 'Enter search keyword here' in the center, and three radio buttons labeled 'All', 'Health Centre', and 'GP' on the right. Below the header is a navigation bar with a home icon and three tabs: 'I'm an individual or family' (selected), 'I'm a GP', and 'I'm a health organisation'. The main content area shows a large image of a smiling man and a woman, with the text 'Freedom to Manage Health anytime, any' overlaid. The mobile app interface, shown on the right, has a dark blue background with the 'MANAGE MY HEALTH' logo and 'ManageMyHealth™' text at the top. It features a grid of nine icons: a calendar for 'Book Appointment', an envelope for 'Inbox', a first aid kit for 'Health Records', a pill for 'Repeat Prescriptions', a flask for 'View Test Results', a bar chart for 'Health Indicators', a Mediguard logo for 'MedicAlert', a person with an 'i' icon for 'My Account', and a hospital building for 'Health'. At the bottom is a black navigation bar with icons for home, information, settings, notifications, and a back arrow.

MANAGE MY HEALTH

Enter search keyword here

☐ All ☐ Health Centre ☐ GP

I'm an individual or family I'm a GP I'm a health organisation

Freedom to Manage Health anytime, any

MANAGE MY HEALTH ManageMyHealth™

JULY 28 Book Appointment

Inbox

Health Records

Repeat Prescriptions

View Test Results

Health Indicators

MedicAlert

My Account

Health


Making appointments

- Mornington Health Centre Limited
- Health Records
- View Journal
- Health Indicators
- Goal Tracking
- MedicAlert

My Account

- Change Password
- Change Email Address
- Change Address
- Change Phone Number
- View Profile
- Calendar

Book New Appointment

 Use this form to request non urgent appointments

Who & Where

Select Location: Mornington Health Centre Limited

Doctor: Any Doctor

This appointment is for: ☒ Me ☐ Family Member

Choose an available slot

Available slots on 25 Jul 17

<< Thursday, 20 July 2017 >>

July 2017

Mon	Tue	Wed	Thu	Fri	Sat	Sun
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

Terms & Conditions

This service is available ONLY for patients
REGISTERED at Mornington Health Centre. Please

☒ Morning ☐ Afternoon ☐ Evening ☐ All

	Time	Duration	Doctor
<input checked="" type="radio"/>	08:30 AM	15 Mins	Dr Joshua Tang
<input type="radio"/>	08:40 AM	20 Mins	Dr Kirsten Taylor
<input type="radio"/>	08:45 AM	15 Mins	Dr Joshua Tang
<input type="radio"/>	08:45 AM	15 Mins	Dr Helen Holden
<input type="radio"/>	08:45 AM	15 Mins	Dr Sarah Hortop
<input type="radio"/>	09:00 AM	15 Mins	Dr Gillian Musuka
<input type="radio"/>	09:00 AM	15 Mins	Dr Helen Holden
<input type="radio"/>	09:00 AM	15 Mins	Dr Joshua Tang
<input type="radio"/>	09:00 AM	20 Mins	Dr Kirsten Taylor
<input type="radio"/>	09:15 AM	15 Mins	Dr Joshua Tang

Page 1 of 8 : <<< << 1 2 3 4 5 ... >> >>>

Repeat Prescriptions



Enter search keyword here



☒ GP ☐ Health Centre

Thu, July 20, 2017 02:15:15 pm
Stephen Gra.. | [Log out](#)

Change Appearance Ocean ▾

[Home](#) > [Services](#) > [Inbox](#) > [Compose](#)

Services

- View Lab Results
- E-mail Health Centre
- Book Appointment
- Inbox
- Repeat Prescriptions

My Health

- Morningside Health Centre Limited
- Health Records
- View Journal
- Health Indicators
- Goal Tracking
- MedicAlert

My Account

- Change Password
- Change Email Address
- Change Address
- Change Phone Number
- View Profile
- Calendar

Compose

Inbox

Drafts

Sent

Archive

Group Messages

Settings

Compose New Message

Save as Draft

Send Message

Cancel

Service Name	Repeat Prescription ▾	Cost : \$18.00(incl. GST); ; Payment Method : Pay at Health Centre
To *	Nurse login	
Subject *	Repeat Prescription Attach Files	
Attachments		

Repeat Prescription Request

Script pickup method	Fax to Pharmacy ▾	Fax	<input type="text"/> (ex. (00) 123-4567)
Pharmacy Name	<input type="text"/>	Address	<input type="text"/>
Script urgency	Next Day ▾		

Note: You can request only Long term Prescriptions

	Date Given ▾	Item Name	Direction	Quantity	Period	Comments
<input type="checkbox"/>	08 May 2017	Aspirin 100mg Enteric coated Tab	1 mane	0	0 Days	<input type="text"/>
<input type="checkbox"/>	08 May 2017	Metoprolol Succinate 47.5mg Controlled Release Tab	1 mane	0	0 Days	<input type="text"/>
<input type="checkbox"/>	08 May 2017	Atorvastatin 40mg Tab	1 nocte	0	0 Days	<input type="text"/>
		Nitroglycerin Pumpspray	As Required			

Communication







Services

-  View Lab Results
-  E-mail Health Centre
-  Book Appointment
-  Inbox
-  Repeat Prescriptions

My Health

-  Morningson Health Centre Limited
-  Health Records
-  View Journal
-  Health Indicators
-  Goal Tracking
-  MedicAlert

My Account

-  Change Password
-  Change Email Address
-  Change Address
-  Change Phone Number
-  View Profile
-  Calendar

Details

Inbox

Drafts(1)


Sent


Archive

Group Messages

Settings

[Compose](#)[Back to Inbox](#)[Next](#)[Reply](#)

From Nurse login 

To Stephen Graham Scott 

Service Type Patient Communication

Date 05 May 2017 08:26 a.m.

Subject Patient Communication

Hi Stephen

Unfortunately I could not process your script request as you are due your 6 monthly med review with your Dr. Please make a GP appt to get your prescription. Any problems or concerns please call the nurses - 466 5011.

Thanks

Practice Nurses

[Reply](#)

Test Results



☒ GP ☐ Health Centre

Thu, July 20, 2017 02:41:02 p.m.

Stephen Gra.. | [Log out](#)

Change Appearance Ocean ▾

[Home](#) > [My Health](#) > [Health Records](#) > [Lab Results](#)

Services

- [View Lab Results](#)
- [E-mail Health Centre](#)
- [Book Appointment](#)
- [Inbox](#)
- [Repeat Prescriptions](#)

My Health

- [Morningson Health Centre Limited](#)
- [Health Records](#)
- [View Journal](#)
- [Health Indicators](#)
- [Goal Tracking](#)
- [MedicAlert](#)

My Account

- [Change Password](#)
- [Change Email Address](#)
- [Change Address](#)
- [Change Phone Number](#)

[Prescriptions\(70\)](#)

[Allergies\(1\)](#)

[Immunisations\(1\)](#)

[Diagnosis\(35\)](#)

[Lab Results\(20\)](#)

[Doctor Notes\(0\)](#)

[Recalls\(2\)](#)



Entries From Health Centre(s)


Drag a column header here to group by that column.


Date Received ▾	Test	Doctor's Comments	Health Centre	More Info
06 Dec 2016	Glycated Haemoglobin	Normal	Morningson Health Centre Limited	
06 Dec 2016	Thyroid Function Master	Normal	Morningson Health Centre Limited	
06 Dec 2016	Lipids Master Panel	Satisfactory	Morningson Health Centre Limited	
06 Dec 2016	Renal Function Master	Normal	Morningson Health Centre Limited	
09 Jul 2016	Discharge Summary	Pukekhoe A&M - acute bronchitis,Rx Augmentin.	Morningson Health Centre Limited	
09 Jul 2016	Discharge Summary	Pukekhoe A and M,-cough	Morningson Health Centre Limited	
09 Sep 2015	Glycated Haemoglobin	Normal	Morningson Health Centre Limited	
09 Sep 2015	Lipids Master Panel	Satisfactory	Morningson Health Centre Limited	
09 Sep 2015	Renal Function Master	Normal	Morningson Health Centre Limited	


Test Results in detail


Home > My Health > Health


Services

 View Lab Results


 E-mail Health Centre


 Book Appointment


 Inbox


 Repeat Prescriptions


My Health


 Mornington Health Centre Limited

 Health Records


 View Journal

 Health Indicators

 Goal Tracking

 MedicAlert

My Account

 Change Password

06 Dec 2016 - Lipids Master Panel

Patient Details

Patient Name: SCOTT, STEPHEN

NHI No:

Date of Birth:

Fasting status:Non-fasting

Cholesterol:3.2 mmol/L

Triglyceride:0.8 mmol/L

HDL Cholesterol:1.39 mmol/L

LDL cholesterol:1.4 mmol/L

Chol/HDL Ratio:2.3

Comment:Optimal levels are suggested by the Guidelines Group (see <http://tiny.cc/nzggGuidelines>) although an individualised multi-factorial approach is preferred. Cardiovascular risk should be addressed by lifestyle modification. Consider pharmacological interventions where 5 year CV risk >10%.

Things I like

Can make appointments anytime and from anywhere to suit what I need

Can get repeat prescriptions as needed

Keeps my records and results together

Things that would be nice

Auto fill for Pharmacy that is remembered

Hot link to lay-person information sheets

The Mornington Newsletter available