

South Island Half Ironman and Half Marathon Saturday 28 November 2009

Sprint Female : Category 1										
ID	Name	Leg 1		Leg 2		Leg 3		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
375	Trish Jones	21	20:21	19	53:39	20	26:03	20	1:40:03	1

Sprint Female : 20 - 24										
ID	Name	Leg 1		Leg 2		Leg 3		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
300	Kate Myers	2	09:44	4	43:11	11	22:19	5	1:15:14	1
371	Emma Gluyas	7	13:06	15	51:04	14	23:21	13	1:27:31	2

Sprint Female : 25 - 29										
ID	Name	Leg 1		Leg 2		Leg 3		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
303	Hollie Woodhouse	5	12:52	5	46:28	7	20:27	6	1:19:47	1
301	Brigette Higinbottom	15	14:48	10	47:42	17	24:50	12	1:27:20	2
302	Lana Spittle	17	16:52	12	48:32	12	22:47	15	1:28:11	3

Sprint Female : 30 - 34										
ID	Name	Leg 1		Leg 2		Leg 3		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
307	Rochelle Macdonald	9	13:30	17	52:49	15	24:01	16	1:30:20	1
308	Sonja Schiess	20	18:17	24	59:04	23	29:22	23	1:46:43	2
306	Ana De Joux	24	22:48	23	58:27	21	27:48	24	1:49:03	3

Sprint Female : 35 - 39										
ID	Name	Leg 1		Leg 2		Leg 3		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
312	Gail Harvey-Heyward	4	12:36	1	39:47	4	18:55	2	1:11:18	1
310	Mel Cutler	6	12:58	3	42:39	2	18:29	3	1:14:06	2
311	Cathy Forrest	16	14:55	6	46:37	5	19:40	7	1:21:12	3
314	Melissa Warne	12	13:58	14	50:46	13	22:55	14	1:27:39	4

Sprint Female : 35 - 39

ID	Name	Leg 1		Leg 2		Leg 3		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
313	Nicole Kroef	18	17:28	20	55:03	19	25:33	18	1:38:04	5

Sprint Female : 40 - 44

ID	Name	Leg 1		Leg 2		Leg 3		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
316	Lynette Johnstone	14	14:11	8	47:04	6	20:15	8	1:21:30	1
367	Lynn McIntyre	22	20:22	21	56:02	18	24:59	21	1:41:23	2
317	Susan Paulin	23	21:49	22	56:19	16	24:44	22	1:42:52	3

Sprint Female : 45 - 49

ID	Name	Leg 1		Leg 2		Leg 3		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
320	Tracey Watson	11	13:54	9	47:06	1	13:21	4	1:14:21	1
363	Dee McCarthy	10	13:37	7	46:43	10	21:16	9	1:21:36	2
319	Sharyn Gingell-Kent	19	18:10	18	53:19	22	27:49	19	1:39:18	3

Sprint Female : 50 - 54

ID	Name	Leg 1		Leg 2		Leg 3		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
322	Karen Watson	13	14:05	13	50:06	9	21:15	11	1:25:26	1

Sprint Female : Under 20 Years

ID	Name	Leg 1		Leg 2		Leg 3		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
344	Laura Wood	1	09:26	2	40:45	3	18:31	1	1:08:42	1
373	Amy Holland	8	13:11	11	48:31	8	20:54	10	1:22:36	2
324	Rachel Nightingale	3	11:16	16	51:56	24	32:44	17	1:35:56	3